



VetBuds



"VETERANS SUPPORTING VETERANS"



September 2026



VetBuds - Who we are

- We are an all-volunteer non-profit group of Veterans and friends.

VetBuds - What we do

- We provide direct support to Veterans and their families.

VetBuds - How we assist veterans

- We help Veterans overcome obstacles that prevent them from moving forward with their lives.

We work with Veterans in the following ways.

- **TRANSPORTATION:** Awarding vehicles at no cost to Veterans in need of transportation.
 - **EDUCATION:** Scholarship awards to Veteran students through Georgia State University Military Outreach.
 - **SUPPORT:** Assisting Veterans in need through referrals and direct assistance.
-

Items of Interest

WHAT?



WHEN?

17 April 2027 - 7:00 PM

WHERE?



5750 Windward Parkway

Alpharetta, GA

Recently, the VetBuds created The VetBuds **Songwriters for Vets Steering Group**. The Steering Group has two goals, long term goal, to set the direction for the continued success of VetBuds. Short term goal, to focus on fundraising efforts for the 2027 Songwriters4Vets program, now set for Saturday, 17 April. **If you are interested in being an active member of the Steering Group, please contact Bill Williams, BW@VetBuds.US**

On September 23rd, the group met at the Uptown Café (one by Zoom) and the focus was entirely on the Songwriters event. [Save the Date](#) flyers were distributed along with lists of potential sponsors in the Automotive, Building Trades and Services communities.

We also, introduced the VetBuds Community Partner project addressing the frequently asked question; “What’s in it for businesses who become major sponsors for Songwriters?” A special brochure is now available detailing the benefits of the Community Partner program.

Beyond recognition at the event, we will provide a decal to post on doors/windows of a business, send a frameable certificate of recognition and feature follow up articles and interviews through our social media outlets well beyond next April.

Look for more information and the VetBuds Community Partner Program coming soon.

AboutFace-USA's Salute to Veterans



The poster features a central blue silhouette of a soldier saluting, with a family silhouette inside. Above it are five stars (three purple, one red, one purple). To the right is the AboutFace-USA logo with the tagline 'OFFERING HOPE TO VETERANS & THEIR FAMILY MEMBERS'. Below the silhouette, the text reads 'ABOUTFACE-USA'S 2ND ANNUAL SALUTE TO SERVICE' in large purple and red letters, flanked by horizontal lines. Underneath is a row of stars and an American flag, followed by 'NOVEMBER 11 | 6:30PM' with a red star to the left. A QR code is in the center, with 'SCAN HERE' below it. To the left of the QR code is the text 'Veterans Day EVENT' in a script font, with 'SPECIAL GUESTS, FOOD, MUSIC, & MORE!' and 'SCAN TO RESERVE YOUR FREE SEAT' below it. To the right is 'GRAND PRIZE \$2,500' in large red letters, with 'SPONSORED BY THE OPTIMIST CLUBS' below it. Below the QR code is '★ Patriot Prizes ★' and 'YOU COULD WIN!'. A yellow raffle ticket graphic shows 'Raffle Tickets \$10'. At the bottom are logos for Optimist International, Christian Brothers Automotive, Sbarro's Italian Grill, Signature, and another Optimist International logo, all set against a background of a waving American flag.

ABOUTFACE-USA'S 2ND ANNUAL
SALUTE TO SERVICE

★ ★ ★ ★ ★  ★ ★ ★ ★ ★
NOVEMBER 11 | 6:30PM

Veterans Day
EVENT

SPECIAL GUESTS, FOOD,
MUSIC, & MORE!

SCAN TO RESERVE
YOUR FREE SEAT


SCAN HERE

TO VIEW FULL LIST OF
★ *Patriot Prizes* ★
YOU COULD WIN!

GRAND PRIZE
\$2,500

SPONSORED BY
THE OPTIMIST CLUBS

Raffle Tickets
\$10

OPTIMIST INTERNATIONAL
CHRISTIAN BROTHERS
AUTOMOTIVE
SBARRO'S ITALIAN GRILL
SIGNATURE
OPTIMIST INTERNATIONAL

Click on Image Above to Purchase Raffle Tickets!

If you can, please support AboutFace-USA programs for Veterans by buying raffle tickets.
\$10 for one ticket, \$50 for 6 tickets and \$100 for 13 tickets.



(Click on image above to learn more)

The Fourteenth (14th) Annual GMVHOF Induction Ceremony & Banquet will be held on **Saturday, 7 November 2026** beginning at 12 Noon in the Saint Luke Ministry Center in Columbus, Georgia located at 301 11th Street.

Of the 17 Inductees, two are Proud participants with VetBuds.

Jim Lindenmayer, USA – Captain - Executive Director of Cherokee County Homeless Veterans Program

Joanne Melear, USN Lieutenant - Director at Large – Health – 11 Hour Squadron – JCVA



HOPE BEGINS WITH RECOGNITION

VETERANS BRAIN HEALTH FALL SUMMIT 2026

Shining a light on brain health, PTSD, moral injury, MST, traumatic brain injury, and the lasting effects of military service, this summit brings clinical expertise, lived experience, spiritual care, and community resources together to move beyond awareness toward recognition, action, connection, and hope.

WEDNESDAY, OCTOBER 14, 11:00 AM - 2:00 PM

DOORS OPEN AT 10:00 AM FOR NETWORKING AND RESOURCES

AMERICAN LEGION POST 201

201 WILLS ROAD, ALPHARETTA, GA 30009

REGISTRATION REQUIRED • BOXED LUNCH SERVED • LIMITED SEATING

RESERVE YOUR SPOT TODAY: SKYLARKSENIOR.CLUB/VBHSFall2026 OR SCAN THE QR CODE.



KEYNOTE SPEAKER:

Dr. Anastacia Nichols, Psy.D.

Assistant Professor, Emory University School of Medicine | Director, Emory Healthcare Veterans Program Neuropsychology

Clinical neuropsychologist specializing in veterans and service members with mild TBI and co-occurring psychiatric conditions. She leads cognitive rehabilitation and neuropsychology services within Emory Healthcare Veterans Program and will explore the intersection of PTSD, TBI, moral injury, cognition, recovery, and evidence-based treatment.



KEYNOTE SPEAKER:

Sgt. Maj. (Ret.) William Skiles

United States Marine Corps Veteran | Senior Military Leadership & Ethics

This 30-year Marine Corps veteran with combat experience in Fallujah brings a powerful lived-service and leadership perspective. Formerly responsible for teaching ethical behavior across the Marine Corps, he will explore recognizing meaningful changes in ourselves and those beside us—and the importance of acting when we do.



CALL FOR MORE INFO
(404) 410-1511
SkylarkSeniorCare.com



To Register Control/Click on above information Flyer

Team VetBuds!

We invite you to join us as a Veteran Organization & Nonprofit Community Partner for the **Veterans Brain Health Summit: *Hope Begins with Recognition***, Wednesday, **October 14**, from **11:00 a.m.–2:00 p.m.** at American Legion Post 201 in Alpharetta. Doors open at 10:00 a.m. for networking and resource tables. Participating organizations arrive at 9:30.



WE CARE VET FAIR™

(Click on image above to learn more)

Cobb Civic Center on October 22, 2026



United Military Care is ready to welcome Veterans of all ages and backgrounds, Military Families, Spouses, Caregivers, Active-Duty, National Guard, Reservists, and Transitioning Service Members to the Cobb Civic Center on October 22, 2026, for the We CARE Vet Fair™, Georgia's largest Veteran/Military Resource Fair! No cost to attend, park or take part in any of the services on site. We've filled the entire Civic Center just for you. Don't Miss it!

Veterans Care Center

Roswell Partners with State and Federal Agencies to Bring World-Class **Veterans' Care Center** to City



(Click on image above to learn more)

At our recent get-together on Sept16th we hosted Roswell's Mayor, Mary Robichaux, where she discussed Roswell's plan to establish a **Veterans' Care Center**. The Mayor also met one-on-one with several VetBuds to discuss other areas of interest regarding the need to serve the Veteran community. Below are basic details regarding the Veterans Care Center.

The City of Roswell has unanimously approved a Memorandum of Understanding (MOU) with the Georgia Department of Veterans Service and the Georgia Veterans Service Foundation to collaborate on the planning, funding, and development of a new long-term **Veterans' Care Center** to be located within the City. The proposed facility would provide full-time wraparound care for 126 Veterans, operated by the State of Georgia with VA support at no ongoing cost to the City of Roswell.

We were also honored by **Mr. Michael Cain** who discussed his experiences working with Veterans at Fort Bragg. Here's a brief comment about his experience while there.

"I worked for twenty years as an accountant, then switched to full time as a writer. My youngest son joined the army and served for 10 years. Four with the 82nd Airborne, and six as a logistics specialist in Special Operations, (Delta Force). As he prepared to leave the Army, I relocated to Fayetteville, NC to sell his house.

I had some free time, so I went on Ft. Bragg and volunteered to teach creative writing. I soon learned that members of the Warrior Transition Battalion needed something different, so I shifted my focus to PTSD using Journaling as a tool to manage their symptoms. I spent eight years working with injured soldiers and many of them told me and their command that I'd saved lives."

Michael was being very humble in taking credit for his efforts. He has written a book regarding the process he developed. The title of the book is ***"The Pain of PTSD and the Healing Power of Journaling"***. However, he is very proud that he was able to "Make a Difference" in a Veterans life. We all know that anything that assists warriors to get through issues that they can't seem to get past is invaluable.

His email "Tag Line" is as follows –

"Healing doesn't mean the damage never existed; it means the damage no longer controls your life".

While Mr. Cain discussed his experiences the room was completely quiet listening to every word he spoke. We need more Mr. Cains in this world. A big "Thank You" to Mr. Cain for sharing his time and experiences with VetBuds.



Fund Raising



VetBuds Legacy Circle



VETBUDS

HOW IS MY LEGACY CIRCLE GIFT PUT TO WORK

Our funding goes to:



Freedom on Wheels

Since 2021 our Freedom on Wheels Initiative has awarded over 60 vehicles at no cost to veterans in need of reliable transportation.



Student Veterans

We have awarded over \$30,000 in one time grants to student veterans at local universities.



Non-Profit Alliances

Forged Alliances with other veteran centric nonprofits to assist veterans with food, clothing and shelter.

VetBuds is a 501 (c) (3) group of military veterans whose purpose is to provide support to other veterans.

Leaders and members of VetBuds donate all support services without compensation. We cordially invite all honorably discharged Veterans and current service members to join us as we address the issues facing our military Veterans.

**BECOME PART OF
THE VETBUDS
LEGACY CIRCLE
JOIN TODAY!**



Not into QR Codes? Click on Image Above to Donate!



3RD Annual Veterans Golf Classic

HOSTED BY
BEAR'S BEST ATLANTA
CHARITY CLASSIC & INVITED FOUNDATION

**3RD ANNUAL
VETERANS
GOLF CLASSIC**
11.09.26 MONDAY

**SPONSOR
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VETS**

**VETERANS
PLAY
FREE!**

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SPONSORSHIP INFO
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**BEAR'S BEST ATLANTA
5342 ALDEBURGH DR
SUWANEE, GA 30024**

This Month in History

September 18, 1947

USAF Birthday



(Click on image above to learn more)



Created Sept. 18, 1947, the U.S. Air Force has since proven itself as an unrivaled force in aviation. Its roots extend back to the early 20th century, reflecting a rich history and heritage.

Star Spangled Banner

"The Star-Spangled Banner" is the [National Anthem](#) of the United States.

The lyrics come from the "Defence of Fort M^cHenry",^[2] a [poem](#) written by American lawyer [Francis Scott Key](#) on September 14, 1814, after he witnessed the bombardment of [Fort McHenry](#) by the British [Royal Navy](#) during the [Battle of Baltimore](#) in the [War of 1812](#). Key was inspired by the large [U.S. flag](#), with 15 stars and 15 stripes, known as the [Star-Spangled Banner](#), flying triumphantly above the fort after the battle.

"A View of the Bombardment of Fort McHenry," aquatint by John Bower, published circa 1814.



(Click on image above to learn more)

Image courtesy of Dr. Frog at [en.wikipedia](#),

Public domain, via [Wikimedia Commons](#)

RESOURCES



(Click on image above to learn more)

The Warrior Alliance, (TWA) is a personalized network that provides connections for Warriors and their families of any age or stage in their life. TWA connects them with the customized resources they need to find success after their service. TWA has a partner network of more than 40 service providers over 10 service areas. This includes health and wellness, education, legal services, employment, housing, volunteer services, family services, VA benefits, recreation, and financial wellness.

TWA's personal touch — *"the human connection"* — that is cultivated with every Warrior—is what sets TWA apart. TWA representatives ("Navigators") work closely with each Warrior to develop customized care plans. When asked to describe their role, a TWA Navigator shared, *"My role is to remind our Warriors they are not alone in this journey. We provide more than just a roadmap – we offer a hand to hold, a listening ear, and the belief that they can succeed."* Navigators foster relationships with Warriors built on trust, empathy, and mutual respect.

By combining the power of technology and data with the irreplaceable value of *"the human connection"*, TWA helps Warriors get the services they need.

To learn more about The Warrior Alliance, go to <https://thewarrioralliance.org/>,

To register for services, visit <https://thewarrioralliance.org/register>.

You can also call TWA at **404 – 210 - 1776** or email at info@thewarrioralliance.org.



(Click on images above to learn more)

Elevating veterans' perspectives, driving American solutions.



(Click on images above to learn more)

Vet Tix * provides tickets to events which reduce stress, strengthen family bonds, build life-long memories and encourage service members and veterans to stay engaged with local communities and American life. We support our troops by honoring their service and providing positive family and life experiences, during and after their years of service to our country.



LinkedIn



(Click on images above to learn more)



(Click on image above to learn more)



(Click on image above to learn more)



(Click on image above to learn more)



(Click on image above to learn more)

Vet Radio Syndicate

The VRS presents news items with Veteran and non-Veteran topics.



(Click on image above to learn more)

ID.me simplifies how individuals prove and share their Veterans' identity online.



(Click on LOGO above to learn more)

DOL VETERANS' EMPLOYMENT AND TRAINING SERVICE



(Click on image above to learn more)

We prepare America's service members, veterans, and military spouses for meaningful careers, provide them with employment resources and expertise, protect their employment rights, and promote their employment opportunities.





(Click on image above to learn more)

Come visit us at our Veteran Resource and Community Center

188 Tri-County Plaza, Cumming, GA 30040

888-766-0222

Open Monday thru Friday 10am - 4pm



When a veteran or their family member wants help, but may not know where to begin, AboutFace-USA is a great place to start. We offer free mental and substance use disorder therapies, holistic healing and veteran-led peer support group meetings.

We have a place to drop in and meet with friends, free transportation to healthcare appointments, and a futuristic indoor aeroponic farm.

We are connected to healthcare resources through Unite Us - <https://uniteus.com/>

Contact us at <https://aboutface-usa.org/pages/contact> for our programs, resources and for guidance to VA Benefits like healthcare, disability rating, and caregiver and family benefits.

VetBuds Meeting Dates Times and Locations

West Cobb VetBuds

Tuesday October 6th – 0730 - 0900 Hours

West Cobb Panera Bread Company

3625 Dallas Highway

Marietta, GA

Cherokee County VetBuds

Wednesday October 14th - 1130 Hours

GUSTON'S GRILLE

12195 Highway 92

Woodstock, GA

North Fulton VetBuds



Come and join this motley crew of Veterans

Wednesday October 21st - 0730 Hours

UPTOWN CAFÉ

9850 Nesbit Ferry Rd

Roswell

Corner of Nesbitt Ferry & Old Alabama Rd.

“THANK YOU”



TO OUR SPONSORS



MOLD INSPECTION

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Paul Romanick

404-295-6333

Wes Stansbury, GRI, CRS

ASSOCIATE BROKER | REALTOR®



770-637-5070



Patriot Towing Services was founded in 2015 and is Veteran Owned and Operated by **VetBud** Jason Robbins. We are a full service residential and commercial Towing Services provider offering a full array of Towing Services, Hauling Services, Roadside Assistance Services, Winch Outs and Accident Recovery Services.

Patriot Towing Services

2770 Airport Drive Ball Ground, GA 30107

770 - 345 – 8888



Apex Retirement Solutions
Preparing for Long Life

JB is a seasoned financial and benefits professional with over 30 years of experience in Personal Finance, Financial Planning, Healthcare, Medicare, and Retirement Benefits.

JB began his career in the U.S. Air Force, where he dedicated 20 years of service all within the financial sector.

If you or anyone you know is in need of expert guidance in any of these areas, JB would be happy to offer assistance.

Serving Metro Atlanta and Surrounding Regions

John Brian, **VetBud, (JB) Burnett - 404.536.1194**



“Because sometimes you need a NINJA”

Howard R. Stentz III

President / CEO

VetBud 770-331-358036

hrr@howste.net

IT and WEB Services

“Howard donates his Company’s time and resources bringing life to the VETBUDS website”.

VetBuds Merchandise



(Click on image above to order Merchandise)

VetBuds embroidered merchandise is available for purchase. You can order clothing and hats directly from the site and have it shipped or pick it up at their shop.

If you have a need for Screen Printing or Embroidered items, we encourage you to consider 92 Threads for your next project.

615 Hembree PKWY Suite 200, Roswell, GA 30076

Phone 770 – 645 – 1390

“Veterans helping Veterans”



(Click on LOGO above to learn more)

Reach Out to Us

888 - 266 - 0914

Avery Partners supplies world class Consulting, Outsourcing and Staffing services across multiple industries. Our recruiters are experts in their fields and deliver 2nd to none services for our clients.



Christian Brothers Automotive



**#1 in Customer Satisfaction
5 Times in a Row**

Among Aftermarket Full-Service
Maintenance & Repair Providers

VetBud - Tom Burgess

Owner

Two Locations to serve you

10879 Jones Bridge Rd | Alpharetta GA 30022

TEL - 678 - 539 - 8934 FAX – 678 – 867 - 0903

5690 Bethelview Road | Cumming, GA

TEL - 470 - 253 - 7376 FAX – 770 – 406 – 8379

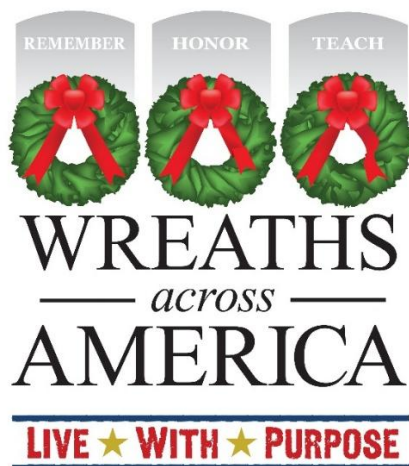


(Click on LOGO above to learn more)

Dedicated to helping Veterans in Crisis

There are thousands of Veterans in our country that are in mental and physical distress due to service-related trauma. At Operation Rally Point, we repay their sacrifices by providing them with the support they need when they are in crisis.

VetBud - Brandon Watts - 678 – 276 – 6374



(Click on LOGO above to learn more)

Remember the fallen. Honor those who serve. Teach the next generation the value of freedom. Our volunteers are the beating heart of the program and work year-round to share this important mission and inspire others to join.

VetBud – Jerry Tiarsmith - 404-217-3521



(Click on LOGO above to learn more)

Fr. Joseph M. Peek Post 1984

Catholic War Veterans, USA



MAN IN THE MIRROR

(Click on LOGO above to learn more)

The mission of Man in the Mirror is to equip Christian men around the world to engage in meaningful relationships that change lives and build the kingdom of God.

VetBud - John Davis [678 - 607 - 5601](tel:678-607-5601)



(Click on LOGO above to learn more)

We are dedicated to meeting the needs of *Georgia's veterans*



(Click on LOGO above to learn more)



(Click on LOGO above to learn more)

The Military Women's Memorial is a one-of-a-kind tribute to America's Servicewomen, past and present. The Memorial features an education center, interactive exhibits, and a world-class collection of military women's stories.



(Click on LOGO above to learn more)

11th Hour Squadron Training

Spend some time doing quieter work and show love to our fellow Veteran. Please consider comforting our brothers and sisters in their final hours by joining our group. It makes a difference for them to spend their last moments with someone who is kind and caring. It's comforting to family members, knowing that their loved one isn't alone when they pass away.

VetBud - Joanne Mealer 770 - 598 – 8386



(Click on image above to learn more)

THE PREMIER WOMEN VETERANS' GLOBAL CONNECTION HUB



Atlanta Vietnam Veterans Business Association

(Click on LOGO above to learn more)



(Click on LOGO above to learn more)

Helping Warriors Navigate to Success after Service

Our mission is to improve the quality of life for service members, Veterans, and their families through a total care network of Veteran support organizations.

VetBud - Mark Eister V. P. Operations 404 – 210 – 1776



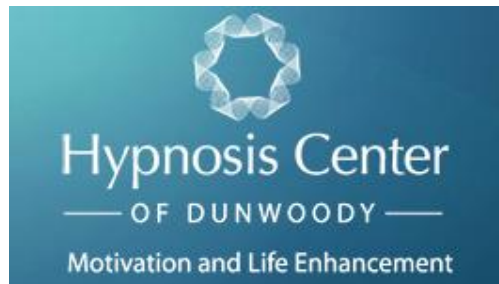
(Click on LOGO above to learn more)

11045 Parsons Road, Johns Creek, GA 30097



(Click on LOGO above to learn more)

“The JCVA shall have as its purpose the promotion of the welfare of the City of Johns Creek’s U.S. military veterans, and the U.S. veteran community in the surrounding areas, and the support for as well as collaboration with other veteran-based organizations. A further purpose shall be to raise awareness within the Johns Creek community to understand and appreciate the contributions veterans have made and those that they continue to make on behalf of their community and country. “



(Click on LOGO above to learn more)

Hypnotherapy, an Ancient Art...a New Approach

VetBud - Alton M Reynolds, LPC, M. ED, CI.H

1864 Independence Square – Ste A

Dunwoody, GA 770 – 390 – 0444

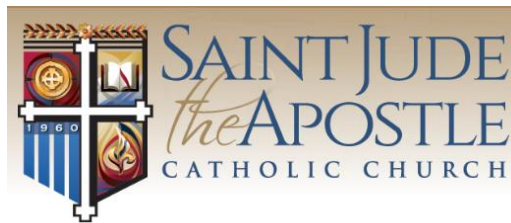


(Click on LOGO above to learn more)



(Click on LOGO above to learn more)

Chisholm, Chisholm & Kilpatrick LTD (CCK Law) represents veterans and dependents nationwide with VA disability appeals. For a free case evaluation, veterans can call (770) 275-1749 or visit cck-law.com, where they can also access thousands of free educational resources about VA benefits claims and appeals.



(Click on LOGO above to learn more)

Saint Jude the Apostle Knights of Columbus

7171 Glenridge Drive - Sandy Springs, GA 30328



(Click on LOGO above to learn more)

Veterans Crisis Line

Call 988 and Press 1 or Text 838255

VA Telephone Hotline - 877 - 222 – 8387



(Click on LOGO above to learn more)

VetBud - Jim Lindenmayer - jlindenmayer80@gmail.com

Joshua Lear - usmarine1341@gmail.com

678 – 983 - 7590

We serve veterans in Cherokee County Georgia by providing help with food, limited housing, clothing, Veterans Affairs claims, home of record, and other support.



(Click on LOGO above to learn more)

SERVING THOSE WHO SERVED

Veterans & Families — You're Not Alone!

FREE, Grant-Funded Support for Substance Use & Mental Health

📍 WHO: Veterans & families facing opioid, stimulants, alcohol, or other substance use.

💬 WHAT:

- ✓ VA Benefits & Compensation Guidance
- ✓ FREE Counseling for PTSD, Trauma, Mental Health
- ✓ Peer Support & MAT (Medication-Assisted Treatment)
- ✓ Family & Child Counseling

📍 WHERE: Pathlight Counseling - 4390 Earney Rd, Ste 140, Woodstock, GA 30188

💡 WHY: Your service, your recovery, you are your family's lives—they all matter.

📞 CONTACT: Scott Brown (USMC Veteran, Iraq Veteran) – 470 - 648 - 1528

🌐 pathlightga.com



(Click on LOGO above to learn more)

Improving quality of life for homeless female veterans

Our Mission

To break the cycle of homelessness among female veterans and their minor dependent children by delivering supportive services and resources that create holistic pathways to self-sufficiency and a brighter future.

“THANK YOU” UPTOWN CAFÉ



Uptown Café

9850 Nesbit Ferry Rd, Roswell, GA 30022

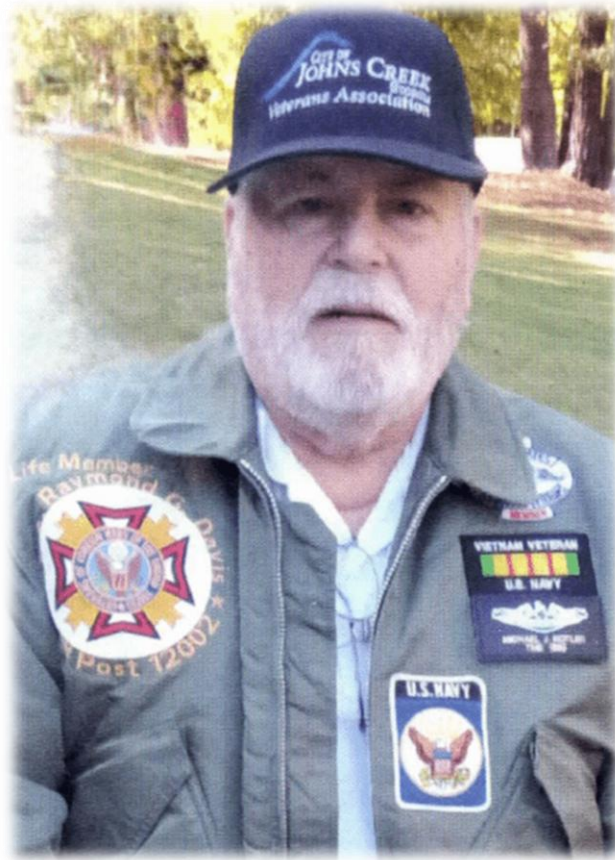
770-552-5775



” In Memory of”



“Those who have gone before us”



Mike Kotler

U S Navy

“Submarine Mike”



Paul Troiano

U S Navy



(Click on LOGO above to learn more)



Sergeant Major Paul Hershey
USMC - Retired
“Uncle Paul”



**Funeral Services for Sgt Maj. Hershey were held at
Arlington Cemetery on August 27th at 1300 hrs.**



Peter Manfre
USMC – Retired



MSgt. Russell Vaudrey
103 years Old
U S Army Air Corp
WWII Veteran

“THANK YOU”

To everyone for your support for Veterans



Victor-Bravo and Out