



# VetBuds



*"VETERANS SUPPORTING VETERANS"*

## January 2026

**"Happy & Prosperous New Year"**

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### **VetBuds, who are we?**

- We are an all-volunteer non-profit group of Veterans and friends.

### **What does VetBuds do?**

- We provide direct support to Veterans and their families.

### **How does it benefit veterans?**

- We help remove obstacles that prevent Veterans from moving forward with their lives.

**We provide direct support to veterans and their families in three primary ways.**

- Donation of vehicles to qualified veterans in need of personal transportation.
  - Scholarship awards to student veterans attending Georgia State University through GSU Military Outreach.
  - VetBuds also provides indirect support for Veteran Support groups like AboutFace-USA, Operation Rally Point, Genesis Joy House and other like-minded groups.
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## Car Donation



**December 17, 2025**

**VetBud Bill Williams presenting a car to recipient**

**Operation Rally Point**

**Left to right VetBuds Co-founder - Bill Williams - US Army, Brad Shane, USAF/Patriot Towing Company driver, VetBud - Brandon Watts, US Army/CEO Operation Rally Point and Nikki Alemani, Operation Rally Point Counselor/Services Director presented at the monthly VetBuds breakfast meeting at Uptown Cafe Johns Creek.**

**The vehicle will be presented to a Veteran at the Operation Rally Point support group.**

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## Military Outreach Program – Georgia State University



Pictured above: Susan Soper, Military Outreach, GSU, VetBud - Dave Hofstetter - USA, Berdini Saintal – Scholarship Award Recipient & Co-Founder VetBuds.US - Bill Williams, USA,

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## Biography for Mr. Berdini Saintal, Georgia State University, Perimeter College

My name is Berdini, and I served in the U.S. Air Force as a Crew Chief on KC-10s.

Although I did not deploy overseas, I supported both the COVID-19 response, and the Afghanistan evacuation missions stateside experiences that strengthened my desire to help others.

I am now majoring in Social Work at Georgia State University because I am passionate about making a positive impact in people's lives, both military and civilian.

Family responsibility is a major part of my journey. My mother is my dependent and due to her health and inability to work, I recently had moved her to Maryland to stay with my sisters for better care.

I also support multiple families and children in Haiti, who continue to suffer from the recent major hurricane.

I don't have children of my own but try to serve my community whenever possible. I volunteer at the Hands On Power ATL food bank, which has also supported me during tough times especially during the government shutdown when benefits were delayed.

Even with these challenges, I'm grateful to God for the strength to continue school and stay grounded in my faith.

Recently, I was also laid off from my job as a valet supervisor due to the slow season, which has added another layer to my financial hardship. Losing that steady income while still supporting my family and continuing my education has been challenging, but I am doing my best to stay focused and push forward.

I want to thank everyone who supports veterans and the GSU Military Outreach. It truly means a lot. I'd like to give special recognition to Mr. Dequindre Jelks at GSU's Dunwoody Campus and Ms. Susan Soper at Alpharetta Campus. As a veteran facing both physical and mental health challenges, I can say their guidance has been a major part of my smooth transition from active duty to student life. Their knowledge, support, and dedication to all students truly stand out. Thank you, Mr. Jelks and Ms. Susan for everything you do and continue to do.

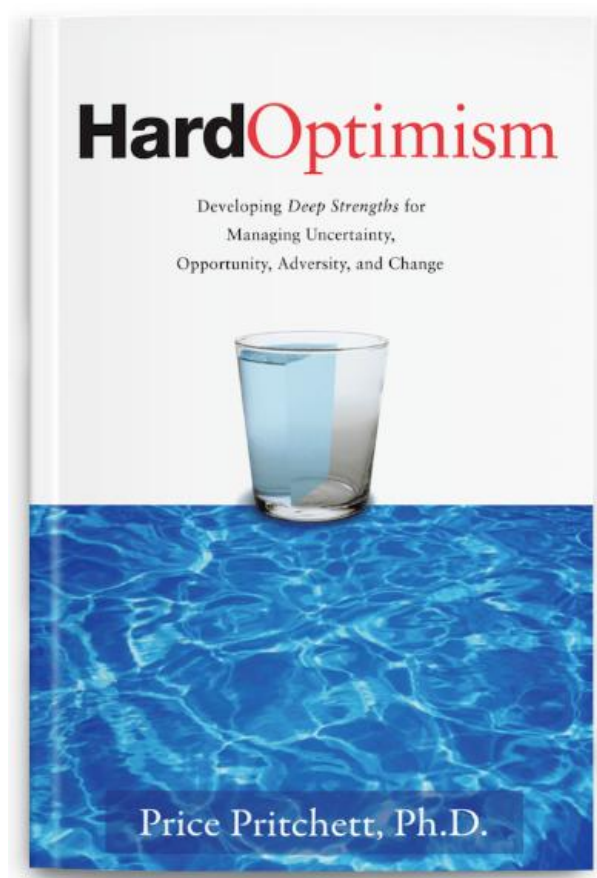
Receiving this gift relieves some of the financial pressure I face while balancing school, family responsibilities, and supporting loved ones in Haiti. It will allow me to stay focused on my education and continue my journey toward serving others through social work.

Contact information for Mr. Berdini Saintal:  
Cell phone, 504-407-8216  
Georgia State University email, [bsaintal1@student.gsu.edu](mailto:bsaintal1@student.gsu.edu)

**Thank you for your support**







[Click above to learn more](#)

**At our meeting in December VetBud Alton Reynolds  
Introduced the book shown above.**

In his Professional Practice at the Hypnosis Center of Dunwoody where he assists others to come through hard times, he has found this book and its lessons to be of help.

*A note from the author states as follows:*

*Hard Optimism helps develop the thought patterns that build resilience . . . that serve as a buffer against stress . . . that energize, empower, and enhance performance in virtually all circumstances.*

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# EMORY

## HEALTHCARE

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### Veterans Program

[Click above image to learn more](#)

**We were visited by representatives of the Emory Healthcare Veterans program.**

**Morgan Turner and James Ludlam gave a brief presentation of Emory's Veteran Support program. We will present more in-depth information regarding Emory's support for Veterans in next month's issue.**

**The program is deeply involved with and referenced through The Warrior Alliance group.**

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# This Month in History

## January

### The Revolutionary War - The Battle of Cowpens



[Click above image to learn more](#)

[Courtesy of National Parks Service](#)

Took place on January 17, 1781, in the latter part of the Southern Campaign of the American Revolution and of the Revolution itself. It became known as the turning point of the war in the South, part of a chain of events leading to Patriot victory at Yorktown. The Cowpens victory was won over a crack British regular army<sup>3</sup> and brought together strong armies and leaders who made their mark on history.

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## Battle of the Bulge Ends: 25 January 1945



[Click above image to learn more](#)

[Courtesy US Army](#)

On December 16, 1944, Hitler launched his last great offensive on the Western Front through the Ardennes. Known as the Battle of the Bulge because of the wedge driven into the Allied lines, the campaign lasted for approximately five weeks, and it is generally agreed that the offensive officially ended on January 25, 1945.

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# Announcements

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## VetBuds

### 2026 Annual Fundraiser

**SAVE THE DATE!**  
**SONGWRITERS 4 VETS**  
*Atlanta 2026*

**MAY 16, 2026**  
**SATURDAY 7:00 pm**  
**The Hotel at Avalon**  
9000 Avalon Boulevard  
Alpharetta, GA 30009


Help us help our vets as your favorite songwriters join together for an unforgettable night, performing their #1 hits & sharing the stories behind the songs!

Artists TBD  
Sign up at [www.sw4vets.com](http://www.sw4vets.com) for updates and be the first to know when tickets are available!

*Benefiting:*



**VETBUDS**



Songwriters for Vets is a 501(c)(3) nonprofit organization.  
All or part of your donation may be tax deductible.



THE WARRIOR ALLIANCE VETERAN IMPACT AWARDS & GALA

THURSDAY APRIL 23, 2026

COCA-COLA ROXY at BATTERY ATLANTA

VETERAN NOMINATIONS AND SPONSORSHIPS NOW OPEN!

The Warrior Alliance is now accepting nominations for the men and women who served our Nation and continue to serve in our communities! Get involved by nominating a Veteran for their excellence in community service or support as a sponsor now!



6400 Sugarloaf Parkway, Duluth, GA

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## Items of Interest



[Click above to learn more](#)



[Click above to learn more](#)



### **PACT ACT FREQUENTLY ASKED QUESTIONS**

[Click above to learn more](#)



### **DEPARTMENT OF VETERANS AFFAIRS OFFICE OF INSPECTOR GENERAL**

[Click above to learn more](#)

**Department of Veterans Affairs**

Office of Inspector General

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# EMORY

## HEALTHCARE

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### Veterans Program

[Click above to learn more](#)

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# VetBuds Meeting Dates Times and Locations

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## West Cobb VetBuds

**January 7th – 0700 Hours**

**Marietta Perks**

**800 Whitlock Ave, Suite 116**

**Marietta, GA**

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## Cherokee County VetBuds

**“Notice”**

**“NEW LOCATION”**

**January 14th - 1130 Hours**

**GUSTON’S**

**12195 Highway 92, Woodstock, GA**

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# North Fulton VetBuds



**Come and join this motley crew of Veterans**

**January 21st - 0730 Hours**

**UPTOWN CAFÉ**

**9850 Nesbit Ferry Rd, Roswell**

Corner of Nesbitt Ferry & Old Alabama Rd.

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**“THANK YOU”**



**TO OUR SPONSORS**

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**MOLD INSPECTION**

**AIR QUALITY TESTING**

**DEMOLITION FREE MOLD TREATMENT**

**VetBud - Paul Romanick**

**404-295-6333**

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**VetBud - Wes Stansbury, GRI, CRS**

ASSOCIATE BROKER | REALTOR®

770-597-5441 Direct

[Wes@WesStansbury.com](mailto:Wes@WesStansbury.com)



**ATLANTA COMMUNITIES**  
REAL ESTATE BROKERAGE

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Patriot Towing Services was founded in 2015 and is Veteran Owned and Operated by **VetBud - Jason Robbins** and **Bill Atkins**. We are a full service residential and commercial Towing Services provider offering a full array of Towing Services, Hauling Services, Roadside Assistance Services, Winch Outs and Accident Recovery Services.

## **Patriot Towing Services**

**88 Hickory Springs Industrial Drive**

**Canton, GA 30155**

**770-345-8888**



**Apex Retirement Solutions**  
**Preparing for Long Life**

**JB** is a seasoned financial and benefits professional with over 30 years of experience in Personal Finance, Financial Planning, Healthcare, Medicare, and Retirement Benefits.

JB began his career in the U.S. Air Force, where he dedicated 20 years of service all within the financial sector.

If you or anyone you know, is in need of expert guidance in any of these areas, JB would be happy to offer assistance.

**Serving Metro Atlanta and Surrounding Regions**

**VetBud - John Brian (JB) Burnett - 404.536.1194**

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*“Because sometimes you need a NINJA”*

**VetBud** - Howard R. Stentz III

President / CEO

770-331-358036

[hrs@howste.net](mailto:hrs@howste.net)

IT and WEB Services

*“Howard has donated his Company’s time and resources bringing life to the VETBUDS much-needed website”.*

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## **VetBuds Merchandise**



Click on the Logo above to order VetBuds merchandise

Want something not shown. Contact them and request the merchandise with the VetBuds emblem

**VetBuds** embroidered merchandise is available for purchase. You can order clothing and hats directly from the site and have it shipped or pick it up at their shop.

If you have a need for Screen Printing or Embroidered items, we encourage you to consider 92 Threads for your next project.

615 Hembree PKWY Suite 200, Roswell, GA 30076

Phone 770 – 645 – 1390

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# “Veterans helping Veterans”

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Reach Out To Us

888.266.0914

Avery Partners supplies world class Consulting, Outsourcing and Staffing services across multiple industries. Our recruiters are experts in their fields and deliver 2nd to none services for our clients.

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#1 in Customer Satisfaction  
5 Times in a Row  
Among Aftermarket Full-Service  
Maintenance & Repair Providers

***VetBud - Tom Burgess***

***Owner***

***Two Locations to serve you***

***10879 Jones Bridge Rd / Alpharetta GA 30022***

***T: (678) 539-8934 FAX: 678-867-0903***

***5690 Bethelview Road / Cumming, GA***

***T - 470 253-7376 FAX 770-406-8379***

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At AboutFace-USA®, we empower veterans and their families with the resources, programs, and support they need to overcome challenges and thrive. By addressing mental health, fostering whole-health wellness, and creating innovative opportunities like community farming, we are building a foundation for resilience, growth, and lasting change.

[DONATE](#)

**VetBuds - Joe & Carol LaBranche**

**AboutFace-USA®**

**188 Tri County Plaza, Cumming, Georgia 30040**

**1 888-766-0222**

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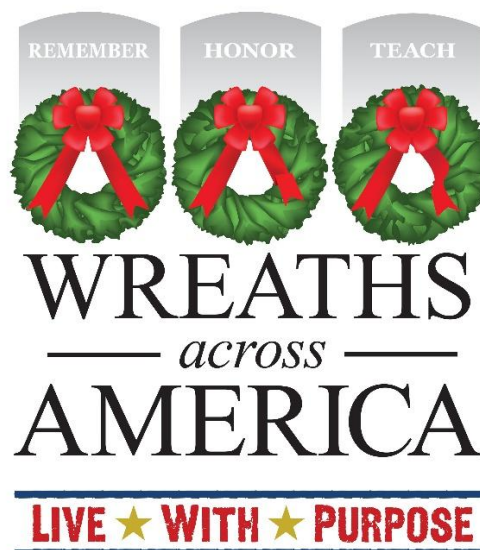


## **Dedicated to helping Veterans in Crisis**

There are thousands of Veterans in our country that are in mental and physical distress due to service-related trauma. At Operation Rally Point, we repay their sacrifices by providing them with the support they need when they are in crisis.

**VetBud** - Brandon Watts - 678 – 276 – 6374

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Remember the fallen. Honor those who serve. Teach the next generation the value of freedom. Our volunteers are the beating heart of the program and work year-round to share this important mission and inspire others to join.

**VetBud** – Jerry Tiarsmith

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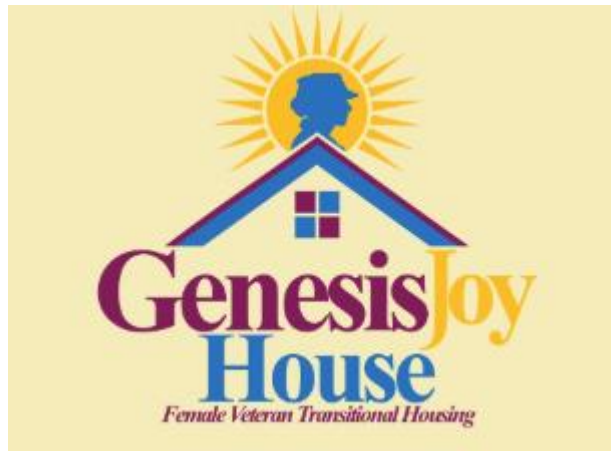




## MAN IN THE MIRROR

The mission of Man in the Mirror is to equip Christian men around the world to engage in meaningful relationships that changes lives and builds the kingdom of God.

**VetBud** - John Davis [678 – 607 - 5601](tel:678-607-5601)



**Improving quality of life for homeless female veterans**

The number of homeless female veterans has tripled in the last ten years. That number continues to rise at an alarming rate as more women enter military service.

**VetBud** - Mark Clark

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**Spend some time doing quieter work and show love to our fellow Veteran. Please consider comforting our brothers and sisters in their final hours by joining our group. It makes a difference for them to spend their last moments with someone who is kind and caring. It's comforting to family members, knowing that their loved one isn't alone when they pass away.**

**VetBud - JoAnne Melear 770 - 598 – 8386**

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### **Helping Warriors Navigate to Success after Service**

**Our mission is to improve the quality of life for service members, Veterans, and their families through a total care network of Veteran support organizations.**

**VetBud - Mark Eister V. P. Operations 404 – 210 – 1776**

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*“The JCVA shall have as its purpose the promotion of the welfare of the City of Johns Creek U.S. military veterans, the U.S. veteran community in the surrounding areas, and the support for as well as collaboration with other veteran-based organizations. A further purpose shall be to raise awareness within the Johns Creek community to understand and appreciate the contributions veterans made and those that they continue to make on behalf of their community and country. “*

**VetBud – Keith Bogle**

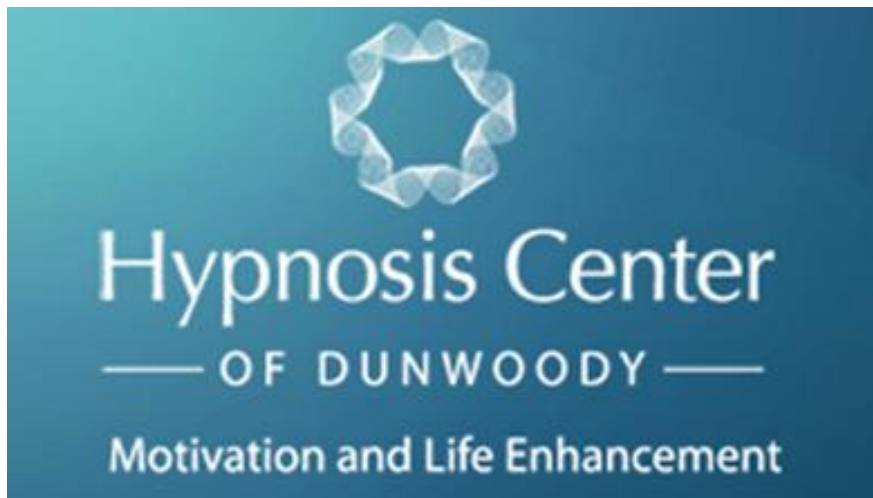
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**11045 Parsons Road, Johns Creek, GA 30097**

**770-442-5903**

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**Hypnotherapy, an Ancient Art...a New Approach**

**VetBud** - Alton M Reynolds, LPC, M. ED, CI.H

**1864 Independence Square – Ste A**

**Dunwoody, GA 770-390-0444**

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**<https://judeatl.com>**

**Saint Jude the Apostle Knights of Columbus**

**7171 Glenridge Drive - Sandy Springs, GA 30328**

**770-394-3896**

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**VetBud - Jim Lindenmayer**

**jlindenmayer80@gmail.com**

**Joshua Lear - usmarine1341@gmail.com**

**(678) 983-7590**

**We serve veterans in Cherokee County Georgia by providing help with food, limited housing, clothing, Veterans Affairs claims, home of record, and other support.**



**SERVING THOSE WHO SERVED**

**Veterans & Families — You're Not Alone!**

**FREE, Grant-Funded Support for Substance Use & Mental Health**

**📍 WHO:** Veterans & families facing opioid, stimulants, alcohol, or other substance use.

**💬 WHAT:**

- ✓ VA Benefits & Compensation Guidance
- ✓ FREE Counseling for PTSD, Trauma, Mental Health
- ✓ Peer Support & MAT (Medication-Assisted Treatment)
- ✓ Family & Child Counseling

📍 **WHERE: Pathlight Counseling** - 4390 Earney Rd, Ste 140, Woodstock, GA 30188

💡 **WHY:** Your service, your recovery, you are your family's lives—*they all matter.*

☎️ **CONTACT:** Scott Brown (USMC Veteran, Iraq Veteran) – (470) 648-1528

🌐 [pathlightga.com](http://pathlightga.com)



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**“THANK YOU”**

**UPTOWN CAFÉ**



**Uptown Café**

**9850 Nesbit Ferry Rd, Roswell, GA 30022**

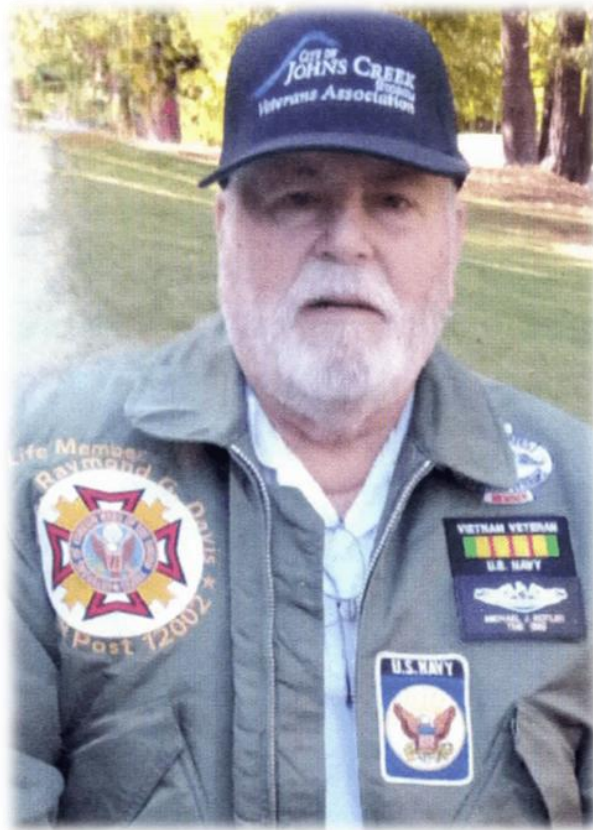
**770-552-5775**

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**“In Memory of”**

**“Those who have gone before us”**



**Mike Kotler**

**U S Navy**

**“Submarine Mike”**

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**Paul Troiano**

**U S Navy**





**Paul Hershey**  
**USMC - Retired**  
**“Uncle Paul”**

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# **“THANK YOU”**

**For your support for Veterans’**



**VETBUDS**